



FISH ON FRIDAY

(Sample Menu)

STARTERS

Prawn Cocktail with Lettuce

King Scallops with Celeriac Puree Apple, Fennel Slaw & Crispy Bacon

Coconut Crispy Prawns with Curried Mayonnaise

Gin Cured & Seared Mackerel with

MAINS

Pan-Fried Cod with Butter Beans

Baked Rainbow Trout, Fennel & Lemon with Wilted Greens & Pink Fir
Potatoes

Pan Fried Hake, Samphire, Mussels, Morghew Potatoes with Curried
Veloute

Lemon Sole with Lemon, Capers, Baby Peppers & Sauteed Parsley
Potatoes

Please Advise Staff if you have any Allergies and we will try to accomodate you.
Where possible we source, prepare, cook fresh, seasonal, sustainable and local
supporting our farmers, fishermen and local communities.